



AGENDA

Monday, April 28, 2025 - 4pm

Regularly Scheduled Meeting of the Board of Directors

Location: CLSD, Bill Platt Training Room, 38901 Ocean Drive, Gualala, CA 95445

Board meetings will also be available via teleconference.

Meeting Link: <https://us06web.zoom.us/j/87246626584?pwd=GaQEp6pNq26ybv82zOl3CREPc7NbDk.1>

Meeting Code: 871 1739 4941

Password: 366982

1. Call to Order Beaty
2. Adoption of the agenda Beaty
3. Minutes Approval:
 - March 24, 2025 Board Meeting Beaty
 - April 23, 2025 Special Board Meeting Beaty
4. Privilege of the floor Beaty
5. New Business:
 - a. New Board Member – Sandoval Oath of Office Schwartz
 - b. Resolution to recognize staff for EMS Week Damasco
 - c. Sonoma LAFCO Board Openings Hernandez
6. Old Business:
 - a. Financial Organization Golly
 - b. Ethics and Sexual Harassment Trainings Hernandez
7. Reports:
 - a. Finance: YTD Golly
 - i. Ambulance revenue – Wittman YTD
 - ii. Expenses
 - iii. Banking review
 - b. Ambulance run data Golly
 - c. CLSD Operational Update Golly
8. Shout out: Open
9. **NEXT BOD MEETINGS:**
 - May 26, 2025 (Tuesday, due to the Memorial Day holiday)
 - June 23, 2025
 - July 28, 2025
10. Adjourn

AST LIFE SUPPORT DISTRICT

PO Box 1056 • Gualala, CA 95445
(707) 884-1829 Ph, (707) 884-9119 Fax
www.clsd.ca.gov

Board of Directors MEETING MINUTES Monday, March 24, 2025

Location: CLSD, Bill Platt Training Room, 38901 Ocean Drive, Gualala, CA 95445

Teleconference Meeting Link:

<https://us06web.zoom.us/j/87246626584?pwd=GaQEp6pNq26ybv82zOl3CREPc7NbDk.1>

BOD Present: Geoff Beaty, Naomi Schwartz, Michael Tilles, Julia Damasco

Visitors: Leslie Bates

Staff Present: Bronwyn Golly, Cobre Hernandez

Minutes by: Cobre Hernandez, Executive Assistant

Meeting called to order at 4:00 by BOD President Geoff Beaty.

After review, the Meeting Agenda was unanimously approved.

After review, the minutes of the February 24, 2025 BOD meeting were unanimously approved.

1. Privilege of the Floor

2. New Business:

a. Board Vacancy Update

Chief Golly provided the update. All applicants to the former vacancy were given a chance to resubmit their name for consideration and to meet with the Executive Committee in person, since several of the applicants interviewed by phone or video. The only applicant that took her up on the offer was Susan Sandoval. She will be meeting with the EC in early April. The Board will then have a Special Meeting to review the EC's recommendation before the April 24 deadline for appointment.

b. Financial Organization

The Financial Officer Robin Dills's last day was April 11. Chief Golly is working on EA Hernandez's offer letter for taking on a role with increased financial responsibility. Chief Golly has a meeting scheduled with Director Damasco to review financial organization options and short- and long-term restructuring. Payroll is covered since CLSD now uses

Paychex to administer payroll. The audit has been rescheduled to the end of May – May 28, 29, and 30. The auditor, Larry Baines, and our accountant, Craig Collins, are aware of the audit rescheduling and the change in our financial staff.

c. New Roof

Chief Golly informed the Board that at least two leaks have been suspected in the past six weeks. Considering the age of the roof, CLSD is due for a new one. The building was built in 2001. There was a discussion about the RFP process. Chief Golly is calling in a contractor to look at the roof to determine the urgency of the repair.

3. Old Business:

Board Governance

EA Hernandez provided a reminder that the 700 forms were due to each County Clerk by April 1. They asked if any directors were having problems accessing the California Special District Association's website to access the ethics and harassment trainings. They provided an update on the digital board handbook. Director Tittle has passed along her draft of the handbook. EA Hernandez is working on updating any material necessary, and is working with CLSD staff member Bonnie Plakos on creating a password protected page on the CLSD site for the handbook to be available to the Board.

4. Reports:

Finance YTD:

Ambulance revenue – Wittman YTD

Chief Golly explained the format of the report to new Director Damasco. Chief Golly spent time recently with our contact at Wittman, Jennifer Gentry, to understand the source of the data for the grouped column, C/D/E & AB716. Gentry provided a glossary of some of the terms that came up in that discussion. Chief Golly found that particularly helpful and will share it with the Board. There was a discussion about the differences in the net charges and net payments. President Beaty mentioned the fluctuations in accounts receivable. Since former bookkeeper, Clara Frost, left, the board has less of a handle on the state of A/R.

Expenses

Former District Administrator Dave Crawl's PTO was paid and will appear as a large expense in our March financials and will show up in our next P&L Statement.

Banking review

Chief Golly will be working with Reagan Ballo, our rep at Five Star, to initiate the bank move in April. When the tax payments come in, they will move straight into a high yield account at Five Star.

Ambulance run data/CLSD Activity

Chief Golly provided the update. The call volume has been steady. Staff are now updating their PCR entries so that the specific data pulls are being highlighted. That data will be

helpful for CLSD to collect to make operational changes or to assess community needs.

5. Shout out

Director Schwartz gave a shout out to EA Hernandez and said that she didn't know how CLSD existed without them. She also gave a shout out to Chief Golly for handling CLSD so well under so many changes.

6. NEXT BOD MEETINGS

April 28, 2025 at 4:00pm

May 27, 2025 Tuesday at 4:00pm

June 23, 2025 at 4:00pm

7. Adjournment

Motion

To adjourn the meeting – Naomi Schwartz

Seconded – Michael Tilles

Unanimously approved

The meeting was adjourned at 5:04pm.

AST LIFE SUPPORT DISTRICT

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Board of Directors SPECIAL MEETING MINUTES Wednesday, April 23, 2025

Location: CLSD, Bill Platt Training Room, 38901 Ocean Drive, Gualala, CA 95445

Teleconference Meeting Link:

<https://us06web.zoom.us/j/87246626584?pwd=GaQEp6pNq26ybv82zOl3CREPc7NbDk.1>

BOD Present: Geoff Beaty, Naomi Schwartz, Michael Tilles, Julia Damasco

Staff Present: Bronwyn Golly, Cobre Hernandez

Minutes by: Cobre Hernandez, Executive Assistant

1. Meeting called to order at 1:00 by BOD President Geoff Beaty.

2. After review, the Meeting Agenda was unanimously approved.

3. Privilege of the floor

No one offered up any business at this time.

4. Old business:

Board of Directors open position

Directors Tilles and Schwartz gave an overview of their interview with candidate Susan Sandoval. They discussed the other candidate for the position, Ted Berman. The Executive Committee recommended to the Board to appoint Susan Sandoval given her experience and skills, and dedication to the local community.

Motion

Director Tilles made a motion for the BOD to appoint Susan Sandoval to the open term vacated by Cathleen Crosby, which will end in December 2026.

Seconded: Director Schwartz seconded the motion.

Unanimously approved.

5. Shout out

No shout outs were given at this time.

6. NEXT BOD MEETINGS:

April 28, 2025

May 27, 2025 (Note: this meeting will be held on a Tuesday due to the holiday)

7. Adjourn

Motion

Director Beaty made a motion to adjourn the meeting.

Seconded: Director Schwartz seconded the motion.

Unanimously approved.

The meeting was adjourned at 1:38pm.

				OTHER									BAD DEBT	OTHER		NEW A/R
	CHARGES	MCARE WRITE DOWNS	MCAI WRITE DOWNS	CONTRACTUAL WRITE DOWNS		AB 716	NET CHARGES	PAYMENTS	REFUNDS	NET PAYMENTS		WRITE OFFS	WRITE OFFS	ADJUSTMENTS		
APRIL '24	\$ 283,022.00	\$ 110,293.40	\$ 41,655.66	\$ 8,396.05	\$ 57,020.73	\$ 65,656.16	\$ 52,826.84	\$ -	\$ 52,826.84	\$ (727.00)	\$ 727.00	\$ -	\$ 5,083.00	\$ -	\$ 509,472.86	
MAY '24	\$ 243,953.80	\$ 102,209.81	\$ 25,869.82	\$ 10,682.44	\$ 38,192.49	\$ 66,999.24	\$ 58,996.33	\$ -	\$ 58,996.33	\$ -	\$ 5,083.00	\$ -	\$ 3,699.65	\$ -	\$ 512,392.77	
JUNE '24	\$ 239,837.80	\$ 71,593.02	\$ 51,740.18	\$ 1,579.00	\$ 17,497.10	\$ 97,428.50	\$ 61,157.40	\$ 727.00	\$ 60,430.40	\$ -	\$ 3,699.65	\$ -	\$ 7,455.29	\$ -	\$ 545,691.22	
JULY '24	\$ 248,385.60	\$ 101,701.74	\$ 41,655.23	\$ 6,588.41	\$ 25,784.76	\$ 72,655.46	\$ 82,587.23	\$ 186.10	\$ 82,401.13	\$ -	\$ 7,455.29	\$ 71.48	\$ 500.00	\$ -	\$ 528,561.74	
AUGUST '24	\$ 310,298.80	\$ 114,906.11	\$ 35,274.44	\$ 10,216.68	\$ 20,797.79	\$ 129,103.78	\$ 81,665.61	\$ 2,225.40	\$ 79,440.21	\$ -	\$ 500.00	\$ -	\$ 8,594.02	\$ -	\$ 577,725.31	
SEPTEMBER '24	\$ 303,426.60	\$ 100,899.82	\$ 76,506.10	\$ 5,425.40	\$ 6,617.88	\$ 113,977.40	\$ 72,748.97	\$ 1,513.41	\$ 71,235.56	\$ 16,349.50	\$ 19,491.43	\$ 2.43	\$ 641.19	\$ -	\$ 584,628.65	
OCTOBER '24	\$ 208,916.40	\$ 113,310.59	\$ 29,300.54	\$ 5,788.12	\$ 1,561.12	\$ 58,956.03	\$ 66,234.13	\$ 175.00	\$ 66,059.13	\$ 8,594.02	\$ 1,011.60	\$ -	\$ 4,565.54	\$ -	\$ 567,919.93	
NOVEMBER '24	\$ 188,242.80	\$ 81,513.61	\$ 30,869.99	\$ 11,622.94	\$ 11,256.77	\$ 52,979.49	\$ 79,896.16	\$ -	\$ 79,896.16	\$ -	\$ 4,565.54	\$ -	\$ 2,250.73	\$ -	\$ 535,796.53	
DECEMBER '24	\$ 171,129.40	\$ 68,283.26	\$ 22,841.36	\$ 1,984.90	\$ 5,957.11	\$ 72,062.77	\$ 81,066.79	\$ 300.00	\$ 80,766.79	\$ 13,718.75	\$ 2,250.73	\$ -	\$ -	\$ -	\$ 511,123.03	
JANUARY '25	\$ 200,029.40	\$ 96,187.46	\$ 49,470.60	\$ 2,144.77	\$ 26,390.55	\$ 25,836.02	\$ 71,799.68	\$ 342.00	\$ 71,457.68	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 465,501.37	
FEBRUARY '25	\$ 202,346.40	\$ 82,183.95	\$ 53,359.78	\$ 15,700.65	\$ (22,156.60)	\$ 73,258.62	\$ 52,347.89	\$ 6,167.00	\$ 46,180.89	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 492,579.10	
MARCH '25	\$ 211,303.40	\$ 111,267.01	\$ 29,847.50	\$ 2,945.09	\$ 16,547.73	\$ 50,696.07	\$ 69,103.13	\$ -	\$ 69,103.13	\$ -	\$ 6,386.42	\$ 9.08			\$ 467,794.70	
YEAR TO DATE TOTALS	\$ 2,810,892.40	\$ 1,154,349.78	\$ 488,391.20	\$ 83,074.45	\$ 205,467.43	\$ 879,609.54	\$ 830,430.16	\$ 11,635.91	\$ 818,794.25	\$ 38,576.46	\$ 51,170.66	\$ 82.99				
YTD PERCENTAGE OF REVENUE		41.07%	17.37%	2.96%	7.31%	31.29%	29.54%	1.40%	29.13%	1.37%	1.82%	0.01%				
YTD PERCENTAGE OF NET REVENUE										93.09%						
Average Charges per month	\$ 234,241.03															
Average Payments per month	\$ 69,202.51															

Coast Life Support District

Profit & Loss Budget Overview FY25

JUL-MAR 2025

	Jul '24 - Mar 25	Budget	\$ Over Budget	% of Budget
Ordinary Revenue/Expense				
Revenue				
4000 · CLSD Special Taxes	1,784,961.98	1,749,091.49	35,870.49	102.1% 1
4100 · Interest Revenue	110.21	0.00	110.21	100.0%
4200 · Ambulance Revenue	603,330.63	600,000.02	3,330.61	100.6% 2
4400 · Miscellaneous Revenue	19,581.00	18,750.01	830.99	104.4%
4410 · Intergovernmental Transport(IGT)	375,000.02	375,000.02	0.00	100.0%
4420 · Ground Emerg Med Transport	75,000.01	75,000.01	0.00	100.0%
4600 · Grant Revenue	4,360.00			
Total Revenue	2,862,343.85	2,817,841.55	44,502.30	101.6%
Expense				
Uncategorized Expense	378.94			
5000 · Wages and Benefits				
5200 · Health Insurance	115,788.22	121,500.00	-5,711.78	95.3% 3
5300 · Payroll Taxes Emplr Costs	29,212.18	26,639.47	2,572.71	109.7% 4
5350 · PERS Employer Costs	175,790.05	196,381.95	-20,591.90	89.5% 5
5405 · Administration Salaries	176,454.57	307,976.16	-131,521.59	57.3% 6
5410 · Ambulance Operations Wages	892,070.56	894,824.12	-2,753.56	99.7% 7
5430 · Extra Duty/Stipend Pay/DA	7,578.78	0.00	7,578.78	100.0%
5500 · Work Comp Insurance	41,040.61	39,352.72	1,687.89	104.3%
Total 5000 · Wages and Benefits	1,437,934.97	1,586,674.42	-148,739.45	90.6% 8
5000TD · Wages & Bene-Training Division	1,072.64	46,134.41	-45,061.77	2.3%
6000 · Ambulance Operations	173,143.13	140,812.54	32,330.59	123.0% 9
6000TD · Training Division Operations	0.00	562.50	-562.50	0.0%
6700 · Overhead/Administration	208,042.38	156,697.98	51,344.40	132.8% 10
6700TD · Overhead/Admin-T.Division	9,517.97	1,875.01	7,642.96	507.6%
6971 · IGT	-15,000.00	135,000.00	-150,000.00	-11.1%
7000 · Urgent Care	628,599.72	628,599.77	-0.05	100.0%
8000 · Interest Expense	5,384.72	2,250.00	3,134.72	239.3% 11
9500 · Depreciation Expense	97,628.99	97,628.99	0.00	100.0%
Total Expense	2,546,703.46	2,796,235.62	-249,532.16	91.1%
Net 4405 -Other Revenue	649.17			
Net Ordinary Operating Surplus	316,289.56 12	21,605.93	294,683.63	1,463.9%

9:12 PM

04/11/25

Accrual Basis

Coast Life Support District
Profit & Loss Budget Overview FY25
JUL-MAR 2025

1. Total 4000- CLSD Special Taxes. Recieved 1st Mendo & Sonoma Co in Dec. Next Parcel Tax expected in April
.....
2. NET BILLING: *Ref Wittman YTD Report (acc 4220 + Column F minus H/K/L).
.....
3. PR#18-25 account 5200 Healthcare Ins: \$ 5,326.94. PR#19-25 account 5200 - \$5,326.94. Acc 5200 Health Insurance Total: \$12,6442.10
.....
4. PR#18 acc 5300 Payroll Taxes Emplr Cost: \$2,292.99 & PR#19 acc 5300: \$1,607.59. TOT 5300 \$33,112.76.
.....
5. PR#18 acc 5350 PERS Empr Cost: \$5,926.24 & PR#19 acc 5350 - \$5,671.32. TOT 5350 PERS Empr Cost: \$187,387.61. Under Budget by
-\$8,994.34.
.....
6. 2 payroll in March are not entered into QB (transition to Paychex's). Admin had 5 employee's with 1 -District Manager retiring (paid-out PTO net
\$12,657.92) and 1. Bookkeeper -layoff (final check). PR#18-25 account 5405: Net pay \$23,760.04. PR#19 account 5405: Net pay \$9,335.68.
JUL-MAR 2025 account 5405: \$209,550.29. Under Budget by -\$98,425.87
.....
7. Acc 5410 Amb Oper Wages (crew): PR#18 \$41,776.63 & PR#19 \$39,910.05. TOT acc 5410 \$973,757.24. Over Budget \$78,933.12. (partly due
to a 3 payroll month and OT ~\$66K).
.....
8. Acc 5000 PR#18 \$73,755.90 & PR#19 \$56,524.64. ACC 5000 TOT: \$1,568,215.51. Under Budget by -\$18,458.91
.....
9. Q3 FY24/25 REDCOM INCREASE \$14,537.75. Budget was based on prior year of \$27k. FY25 REDCOM has doubled in expense ~\$46k.
.....
10. 6700 Overhead/Admin: CY 2024-GEMT Transfer Amounts: 3 of 4 pymts = \$ 18,241.82 Jul 2024 and 2 of 4 pymts \$18088.19. Oct 2024.
CY2025 Jan wired 1st of 4 pymt in amt of \$15,734.85. Next Wire Apr 2025 \$15,813.38
(Budget was only for \$6k). GEMT-OAF Expense is ~\$48k above budget.
.....
11. Fee's for cost of Loan during Nov/Dec 2024 . Late fee on last payment to pay off Ambulance Nov/Dec 2025
.....
12. Total Expense with March's payrolls added (\$130,280.54) is:\$2,676,984.
Total Net Ordinary Operating Surplus: \$185,359.85. Under Budget in "expenses" -\$119,251.62
after adding revenue above budget Total Net under Budget -\$163,753.92
.....

MARCH 2025

Runs by Response Request

Response Type Of Service Requested (eResponse.05)	Number of Runs	Percent of Total Runs
911 Response (Scene)	71	89.87%
Interfacility Transport	8	10.13%
Total: 79		Total: 100.00%

Runs by Dispatch Reason

Incident Complaint Reported By Dispatch (eDispatch.01)	Number of Runs	Percent of Total Runs
Sick Person	11	13.92%
Falls	10	12.66%
Interfacility Transfer	10	12.66%
Traffic/Transportation Incident	7	8.86%
Abdominal Pain/Problems	5	6.33%
Chest Pain (Non-Traumatic)	4	5.06%
Other	4	5.06%
Traumatic Injury	4	5.06%
Overdose/Poisoning/Ingestion	3	3.80%
Stroke/CVA	3	3.80%
Back Pain (Non-Traumatic)	2	2.53%
Breathing Problem	2	2.53%
Convulsions/Seizure	2	2.53%
Heart Problems/AICD	2	2.53%
Unconscious/Fainting/Near-Fainting	2	2.53%
Unknown Problem/Person Down	2	2.53%
Allergic Reaction/Stings	1	1.27%
Cardiac Arrest/Death	1	1.27%
Choking	1	1.27%
Diabetic Problem	1	1.27%
Drowning/Divng/SCUBA Accident	1	1.27%
Medical Alarm	1	1.27%
Total: 79		Total: 100.00%

Runs by Provider Impression

Situation Provider Primary Impression (eSituation.11)	Number of Runs	Percent of Total Runs
Abdominal Pain / Problems (R10.84)	18	22.78%
Traumatic Injury (T14.90)	9	11.39%
Altered Level of Consciousness (R41.82)	9	11.39%
Dizziness / Vertigo (R42)	5	6.33%
No Apparent Illness/Injury (Adult) (Z00.00)	5	6.33%
Weakness (General) (R53.1)	4	5.06%
Nausea / Vomiting (R11.2)	4	5.06%
Cold/Flu Symptom (J00)	3	3.80%
Obvious Death (R99)	2	2.53%
Overdose / Poisoning / Ingestion (F19)	2	2.53%
Pain (G89.1)	2	2.53%
Sepsis (A41.9)	2	2.53%
Stroke/CVA (I63.9)	2	2.53%
Syncopal/Near Syncopal (R55)	2	2.53%
Chest Pain - Non-cardiac (R07.89)	1	1.27%
Chest Pain - Suspected Cardiac (I20.9)	1	1.27%
Headache (R51)	1	1.27%
Respiratory Distress - Bronchospasm (J98.01)	1	1.27%

Situation Provider Primary Impression (eSituation.11)	Number of Runs	Percent of Total Runs
Respiratory Distress - Pulmonary Edema / CHF (J81.0)	1	1.27%
Respiratory Distress - Unspecified (J80)	1	1.27%
Seizure - Post (G40.909)	1	1.27%
Submersion/Drowning (T71.9)	1	1.27%
	Total: 79	Total: 100.00%

3.5 Runs by Response Disposition

Unit Disposition (3.4=itDisposition.099/3.5=eDisposition.27)	Patient Evaluation/Care (3.4=itDisposition.100/3.5=eDisposition.28)	Crew Disposition (3.4=itDisposition.101/3.5=eDisposition.29)	Transport Disposition (3.4=itDisposition.102/3.5=eDisposition.30)	Reason for Refusal/Release (3.4=itDisposition.103/3.5=eDisposition.31)	Number of Runs	Percent of Total Runs
Patient Contact Made	Patient Evaluated and Care Provided	Initiated and Continued Primary Care	Transport by This EMS Unit (This Crew Only)		38	48.10%
Patient Contact Made	Patient Evaluated and Refused Care (AMA)	Available, Care Refused (AMA/RAS)	Patient Refused Transport	Against Medical Advice	12	15.19%
Cancelled Prior to Arrival at Scene	Not Applicable	Available, No Care Required	No Transport		11	13.92%
Cancelled on Scene	Not Applicable	Available, No Care Required	No Transport		6	7.59%
Patient Contact Made	Patient Evaluated, Released at Scene (RAS)	Available, Care Refused (AMA/RAS)	Patient Refused Transport	Released Following Protocol Guidelines	5	6.33%
Patient Contact Made	Patient Evaluated and Care Provided	Initiated and Continued Primary Care			3	3.80%
Patient Contact Made	Patient Evaluated, Released at Scene (RAS)	Available, Care Refused (AMA/RAS)			2	2.53%
Cancelled Prior to Arrival at Scene					1	1.27%
Patient Contact Made	Patient Support Services Provided	Available, No Care Required			1	1.27%
					Total: 79	Total: 100.00%

3.5 Transported by Destination Report

Disposition Destination Name Delivered Transferred To (eDisposition.01)	Number of Runs	Percent of Total Runs
	41	51.90%
Sutter Santa Rosa Regional Hospital	12	15.19%
Santa Rosa Memorial Hospital, Montgomery	9	11.39%
Landing Zone	7	8.86%
Adventist Health Mendocino Coast	6	7.59%
Kaiser Permanente - Santa Rosa	3	3.80%
Sonoma Valley Hospital	1	1.27%
	Total: 79	Total: 100.00%

Call Volumes by Day and Hour Report

Incident Day Name	Number of Runs	Percent of Total Runs
Incident Three Hour Range Of Day 24: 00:00:00 - 02:59:59		
Sunday	2	2.53%
Thursday	1	1.27%
	Total: 3	Total: 3.80%
	Avg: 1.50	
Incident Three Hour Range Of Day 24: 03:00:00 - 05:59:59		
Wednesday	1	1.27%
Friday	3	3.80%
	Total: 4	Total: 5.06%
	Avg: 2.00	
Incident Three Hour Range Of Day 24: 06:00:00 - 08:59:59		
Monday	5	6.33%
Tuesday	1	1.27%
Friday	1	1.27%
Saturday	1	1.27%
	Total: 8	Total: 10.13%
	Avg: 2.00	
Incident Three Hour Range Of Day 24: 09:00:00 - 11:59:59		
Sunday	2	2.53%
Monday	2	2.53%

Incident Day Name	Number of Runs	Percent of Total Runs
Tuesday	3	3.80%
Wednesday	3	3.80%
Thursday	5	6.33%
Saturday	3	3.80%
	Total: 18	Total: 22.78%
	Avg: 3.00	
Incident Three Hour Range Of Day 24: 12:00:00 - 14:59:59		
Monday	3	3.80%
Wednesday	4	5.06%
Friday	3	3.80%
Saturday	2	2.53%
	Total: 12	Total: 15.19%
	Avg: 3.00	
Incident Three Hour Range Of Day 24: 15:00:00 - 17:59:59		
Sunday	1	1.27%
Monday	4	5.06%
Thursday	1	1.27%
Friday	1	1.27%
Saturday	5	6.33%
	Total: 12	Total: 15.19%
	Avg: 2.40	
Incident Three Hour Range Of Day 24: 18:00:00 - 20:59:59		
Sunday	4	5.06%
Monday	1	1.27%
Tuesday	3	3.80%
Thursday	1	1.27%
Friday	1	1.27%
Saturday	4	5.06%
	Total: 14	Total: 17.72%
	Avg: 2.33	
Incident Three Hour Range Of Day 24: 21:00:00 - 23:59:59		
Tuesday	2	2.53%
Wednesday	2	2.53%
Thursday	2	2.53%
Friday	1	1.27%
Saturday	1	1.27%
	Total: 8	Total: 10.13%
	Avg: 1.60	
	Total: 79	Total: 100.00%
	Avg: 2.32	

Report Criteria

Agency Name (Dagency.03): Is In Coast Life Support District Ambulance

Incident Date: Is Between 03/01/2025 and 03/31/2025

M122 - 19 (14 Feb) UNCOVERED - 13.56 hrs (10.62 in Feb)

M124 - 4 (0 Feb)

B121 - 0

3 of 3

Missed calls 0 (0 Feb)

Printed On: 04/14/2025 08:13:47 PM



The laytonville campus of Clsd'S emt class has "graduated" 19 students. On to the National Registry they go..thank you so much for supporting our efforts. Sue

CLSD staff updates:

Meg Rosecrans:

I attended the Resiliency Conference put on by First Responder Resiliency Inc. They hosted the course for free for the first time in Scotts Valley. FRRI's motto is "putting PTSD out of business" and they host this conference several times a year. The founder of FRRI is a retired paramedic, and she was concerned about the high levels of cancer/health problems, suicide, mental health challenges, and addiction found in first responders. So, she developed a resiliency program that includes breathwork, meditation, nutrition, good sleep habits, and other stress management tools. As I've integrated some of what I've learned, I've noticed my sleep patterns have improved a lot. I really enjoyed the breathwork they taught us, and now have incorporated that into my routine every other day or so and generally feel better equipped to deal with the stress and routine of this career. I will be volunteering with FRRI and hopefully joining as an instructor in the future, I think the work this organization is really important and beneficial.

At the end of May I will be attending a conference put on by EMS Administrators' Association of California, which will cover a variety of topics from leadership to patient care.

John Huff:

Hi Bronwyn.

First off, thank you steering me towards the Beyond the Streets class. It was very informative, refreshed a lot of the things I knew from before and taught many other new ideas and techniques for effective supervision of public safety personnel. All but one of the instructors were career EMS people so they really knew how to communicate with working EMS providers.

We talked about supervision issues considering accountability, expectations and coaching. The coaching was very helpful for me. We ran through several scenarios and were able to practice and critically think about what to say and do in a multitude of situations. They gave us the "Top 10 Tips" on making the switch from rank and file to supervision and I will refer to them often.

They had a "Dollars and Sense" portion that gave us some background billing, including revenues and expenses, chargeable services, payor mix and "Cost of Readiness".

We had a section on documentation, which I would REALLY like to see come to CLSD in a formal training session (Fitch does this), that focused on the “Why’s” for billing documentation and cost recovery.

We spoke heavily about “Just Culture” theory, the balance between human accountability and system accountability which was incredibly enlightening.

Fitch also puts on a more advanced program, Ambulance Service Manager (ASM), which covers all many EMS management related theories and practices in much more detail, over the course of several months online and 2 separate weeks in person in San Antonio Texas. If you have not guessed, I would jump at the chance to take the ASM program in the future.

I have already used some of the techniques I learned in the program here at CLSD and I am sure I will use more in the future.

Cheers

John