

# COAST LIFE SUPPORT DISTRICT

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## AGENDA

### REGULAR MEETING OF THE BOARD OF DIRECTORS

>>> 3:30 pm Monday, Jan 25, 2016 <<<

**BOD routine meetings changed to the 4<sup>th</sup> Monday/month at 3:30 p.m.**

CLSD Headquarters – Bill Platt Training Room

1. Call to Order Hughes
2. Adoption of the Agenda Hughes
3. Minutes Approval – Action Hughes
  - Dec 14th regular Board of Directors Meeting
4. Privilege of the Floor – Public Comment
5. Presentation: Aging in Place Mendonoma Perry (intro)  
Speakers: Steven Winningham (Chair), Leslie Tittle, MD (Co-Chair)
6. New Business – Information or Action Hughes
  - FY 15 Audit update - Information
7. Old Business – Information or Action Perry
  - JOG Update – Information
  - Update CLSD Short Term & Long Term Goals - Information Hughes
8. Reports Bower/André
  - Committee Reports Beaty
    - Communication
    - Finance  
Preliminary FY Q1-Q2
  - District Administrator Caley
    - CLSD Run Data
    - Spring EMT training: Jan 26 – Jun 11, 2016
    - Ambulance coverage north District: Garcia River flooding
    - Ground Emergency Medical Transport – post audit interview
    - Falls Prevention update – initial meeting held Jan 7th
9. Adjournment

**NEXT BOD meetings** scheduled are **Feb 22<sup>nd</sup>, Mar 28<sup>th</sup>, April 25<sup>th</sup>**  
(the 4<sup>th</sup> Monday of the month at 3:30 in the Bill Platt Training Center unless otherwise noted)



**MINUTES OF THE MEETING OF THE BOARD OF DIRECTORS  
Dec 14th, 2015**

**Call to Order.** Director Hughes called the meeting to order at 4:30 p.m. at the Bill Platt Training Center. Present: Directors Hughes, Beaty, André, Perry (via conference call), Bower and Schwartz. Absent: Director Dodds. Also present: District Administrator Caley and Ops Manager Evan Dilks.

**Adoption of the Agenda.** Director Schwartz moved to adopt the agenda, Director Beaty seconded, all ayes.

**Approval of Minutes:**

- **Nov 16th, 2015 Board Minutes:** Director Schwartz moved to approve the Minutes as amended, Director Beaty seconded, all ayes.

**Privilege of the Floor- Public Comment - none**

**New Business – Action:**

- November's BOD meeting (informational) discussed pushing the BOD meeting to the 4<sup>th</sup> Monday of the month. Doing so would accommodate more current financial information being discussed at each meeting. After discussion, Director Beaty made a motion to move the monthly meeting to the 4<sup>th</sup> Monday of the month meeting at 3:30 PM. The motion was seconded by Director Schwartz. All ayes.

**Old Business -Information or Action:**

- **Joint Operating Group (JOG) Update and Information.**

Director Perry reported on updates with JOG:

- The Agreement Subcommittee (with representatives from St. Joseph's, RCMS, and CLSD) is currently working on a new draft agreement of the MOU. Historical documents have been forwarded to Sheila Nolan to be reflected in the new MOU.
- The Strategic Planning Group has not yet had a follow-up meeting.
- JOG meetings will be held on the second Wednesday of the month at 3:30 PM at CLSD Headquarters. The December meeting was cancelled.

- **Short and Long-Term Goals**

Director Hughes discussed the STG and LTG goals will routinely be reviewed at BOD meetings. Goals will be added/subtracted as the BOD feels appropriate.

**New Business – Information or Action:**

**Reports:**

- **Communication Committee:**

Director Bower reported the Communication Committee is in the process of developing a Communication Charter and will update in January. At the February BOD meeting, they will present results of one-on-one interviews with the community members providing perspectives of CLSD. Also reported was constructive

feedback obtained from the schools regarding the campaign for families to complete Medical History cards and place on the refrigerator. Feedback will be incorporated prior to expansion of the program to other schools. Director Schwartz commended the work of the Committee.

• **Finance Committee:**

Director Beaty presented the preliminary draft of the FY14/15 P & L prior to the audit scheduled for January 2016. Director Hughes commented that CLSD could not operate without the support of the Parcel Tax. Director André commended the Finance Committee for their work.

**District Administrator:**

- o CLSD Ambulance Run Data was presented in a new format (thank you Director Schwartz)
- o Spring EMT Training would begin on Jan 26<sup>th</sup> through June 11<sup>th</sup> on Tue and Thu evenings with some Saturdays
- o Information provided the District would begin to provide coverage to the north end of the District when the Garcia River floods – especially in anticipation of the El Nino winter and increased likelihood of flooding. CLSD is collaborating with Redwood Coast VFD to provide coverage and stage an ambulance when appropriate. The BOD was unanimous in their support.
- o The Sprinter Ambulance has been delivered and being outfitted. It should be in-service within the next couple of weeks.
- o American Capital (new Collections Agency) has been secured and will partner with Wittman.
- o Ground Emergency Medical Transportation report was filed late Nov. Anticipated revenue with a bit over \$16K.
- o Community Fall Prevention program: A meeting has been scheduled with key community stakeholders the first week of January.

**Other:**

**Next Board of Directors Meetings:**

- Monday Jan 25, 2016, 3:30 p.m. at CLSD HQ

• **Adjournment:**

Director Beaty moved for adjournment at 5:45 pm, Director Perry seconded, all ayes.

Minutes approved.

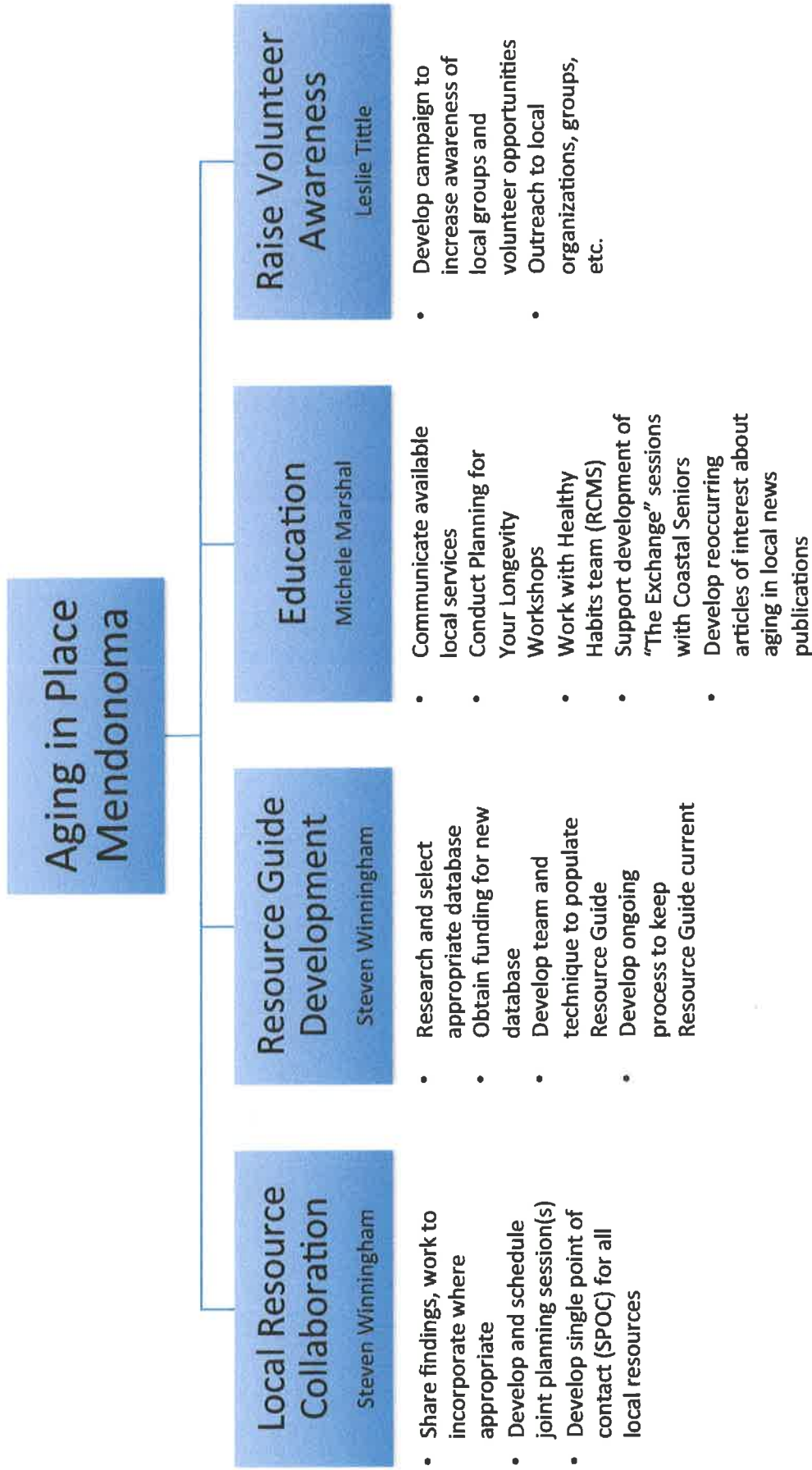
\_\_\_\_\_ (Date) \_\_\_\_\_

# Aging In Place Mendonoma

Primary concerns identified:

- 1) Transportation
  - Local and long distance
  - Medical/Dental
  - Grocery shopping, hair dresser/barber shop, pharmacy, banking, vet for pets, post office
  - Social events like exercise classes, movies, Gualala Arts Shows, White Barn Shows, Library, computer use, lunch/dinner out, volunteer activities
- 2) Depression/Isolation
  - Lack of social interaction and mobility
  - Need for emotional support
  - Limited respite care
- 3) In-Home Care
  - Quality attendant care
  - Geriatric case management
  - Meal preparation
  - Medication management
  - Bathing / grooming
  - Companionship
  - 24 hour live-in care
  - In home mobility assistance
- 4) Home Maintenance
  - Light cleaning, vacuuming, take out trash
  - Minor repairs
  - Laundry
  - Test/fix smoke alarms
  - Hanging pictures/drapes
  - Changing light bulbs, furnace filters
  - Moving/assembling furniture
- 5) Home Repair
  - Plumbers, window washers, electricians, painters, carpet cleaners
  - Handyman
  - Roofing and gutter repair, plaster repair
  - Mold removal duct cleaning, rodent removal/cleanup
  - Power washing
  - Aging in Place certified design modifications (e.g., grab rails, high rise toilets, etc.)

# Focus Areas



## CLSD RUN DATA for the PRECEDING 12 MONTHS

MONTH MOST CURRENT ON TOP	A/O		PCR		ALS		ALS>BLS		BLS		BLS>ALS		TOTAL		LANDING		DRY RUN		T&R		TO RCMS		FROM RCMS		
	Year Prior	Current	Year Prior	Current	Year Prior	Current	Year Prior	Current	Year Prior	Current	Year Prior	Current	Year Prior	Current	Year Prior	Year Prior	Current	Year Prior	Current	Year Prior	Year Prior	Current	Year Prior	Current	Year Prior
	402	940	287	703	360	154	16	114	47	2	474	201	35	254	103	165	60	47	7	13	1	68	23	8	1
DEC	58	67	52	57	29	28	3	6	4	2	35	32	5	10	20	14	16	2	1	1	4	3	0	1	
NOV (revised)	59	66	45	42	19	26	2	9	5	0	28	31	4	24	21	12	11	4	3	2	2	2	2	4	
OCT	78	72	53	50	28	25	2	6	9	1	34	34	7	22	29	16	12	4	2	1	5	3	2	1	
SEPT	93	82	71	50	30	44	2	9	11		39	55	5	20	17	8	8	4			7	10	2		
AUG	75	78	61	61	30	31	3	9	10		39	41	10	14	15	16	14	5			8	4	2		
JULY	97	96	57	82	36	28	7	16	12	1	52	40	10	14	21	16	15	7	2	2	7	2	2	2	
JUNE		80		57	32			6			38			23		12		3			8				
MAY		92		73	39			8			47			28		16		4			4		7	1	
APR		93		80	45			14			59			32		18		4			4		7	1	
MAR		69		62	31			14			45			12		11		5			5		3	3	
FEB		66		48	22			13			35			21		9		2			2		1	1	
JAN		79		62	26			10			36			24		19		5			5		10	1	
RUNNING TOTAL																									

ALL SHADED COLUMNS ARE PREVIOUS YEAR DATA

# EMT Class- Gualala!



**Mendocino County Office of Education  
Career Technical Education/CTE  
Course for:**

## Emergency Medical Technician

EMT course certified by  
Coastal Valleys  
EMS Agency!

**January 26<sup>th</sup> - June 11<sup>th</sup>**

**Tuesdays and Thursdays  
Occasional Saturdays TBA  
Time: 6:00pm - 9:00pm**

**Place:  
The Bill Platt Training Center  
Coast Life Support Headquarters  
38901 Ocean Drive, Gualala**



\$395 registration fee includes Emergency Care textbook, workbook & supplies  
Visit our website at [www.mcoe.us](http://www.mcoe.us), Career Technical Education  
Department, and EMT tab for more information.

Contact Carlee Prine at 467-5123 -or  
Instructor Anthony Macedo at (707) 972-6483; [amacedo@mcoe.us](mailto:amacedo@mcoe.us)